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Featured in:

E RINK A De La Cruz

ERIKA DE LA CRUZ Editor in Chief & Mental Health Advocate

Best Selling Author, Mental Health Advocate & Editor in Chief at LA's #1 Lifestyle Publication The LA Girl: Erika De La Cruz is passionate about making personal empowerment practices available to people from all walks of life, which is the inspiration behind her best-selling book, brand & digital community. She is a Champion for Kenneth Cole's Mental Health Coalition alongside Oprah & Katie Couric and is a Latina voice in the media, committed to restoring cultural stigmas in the United States to iconic, aspirational leadership. She has an affinity for fashion & both her work, personal style and leadership has been featured in **VOGUE**, **GLAMOUR**, **THE ZOE REPORT, TODAY, SHAPE, FORBES, US WEEKLY AND MORE!**

FASHION | LIFESTYLE | LATINX LEADERSHIP | MENTAL HEALTH

AUDIENCE & REACH



Overall monthly audience reach

Instagram followers



Twitter followers

Email subscribers

20K

Facebook followers



1.5K Youtube subscribers

AUDIENCE





LA BASED



An engaged audience of US-based women ages 22-38 interested in curating their most inspired lives! Interests include: personal development, shopping, travel & lifestyle recommendations and more.

@_ERIKADELACRUZ

PRESS

VOGUE

FASHION BEAUTY CULTURE LIVING RUNWAY THE GET VIDEO GOOD MORNING VOGUE PHOTOVOGU

Emmy Awards 2018: Fashion—Live From the Red Carpet

The 2018 Inter-Aread, based by considiant Colm Jost and Michael Che, aired Monday night on NRC. For fronties the *Gause of Theorem* and Winter-off or its the head with the most manimizing. Between being the drives of or a sight of black for effort. The balang news are me to look quify (see loss <u>Jaha Legnal</u> in a stat) and see look forward to the source's looks, peelops sumething right of the <u>XVITE manage</u>. You can wank higher it were given evenue place, low, as the sum main their doctors on the red carpet.

September 18, 2018



22/123 Erika de la Cruz

BLOGHER

HOME / COMMUNITY / PROFILES

Erika De La Cruz on Running a Publishing Business — and How She Stays Ahead

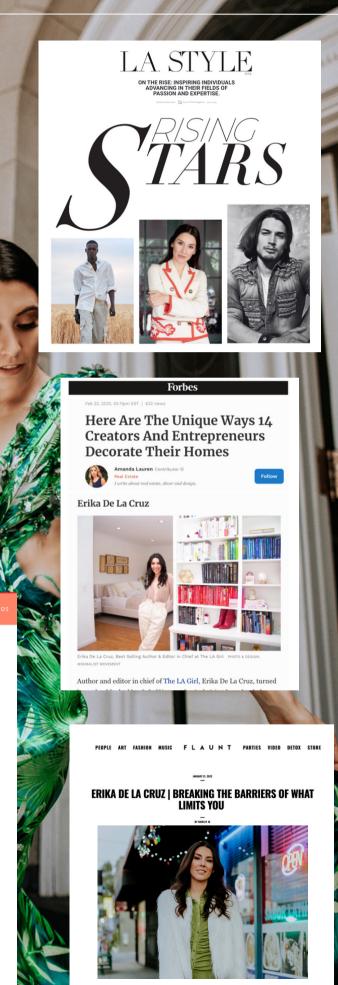
By Janylle Radden



CORNER

March 23, 2023





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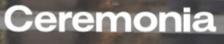


CELEBRITIES SWOON FOR ALICE & OLIVIA: 60'S INSPIRED SPRING LINE









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Emmy Awards 2018: Fashion-Live From the Red Carpet Erika de la Cruz

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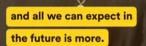
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THE MENTAL Health Coalition



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The Los Angeles Tribune SPECIAL THOUGHT LEADER EDITION

ERIKA DE LA CRUZ Contributor

The Los Angeles Tribune

Article Title: How To Reverse Engineer Your Goals - A Simple Concept

Read my article here: LATribuneSpecialEdition.com



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The LA-based Soho Works member, author and founder of Passion to Paycheck shares a short exercise to boost your motivation





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FOREWORD BY ROBERT HELMS









Brian Tracy





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For More Information

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